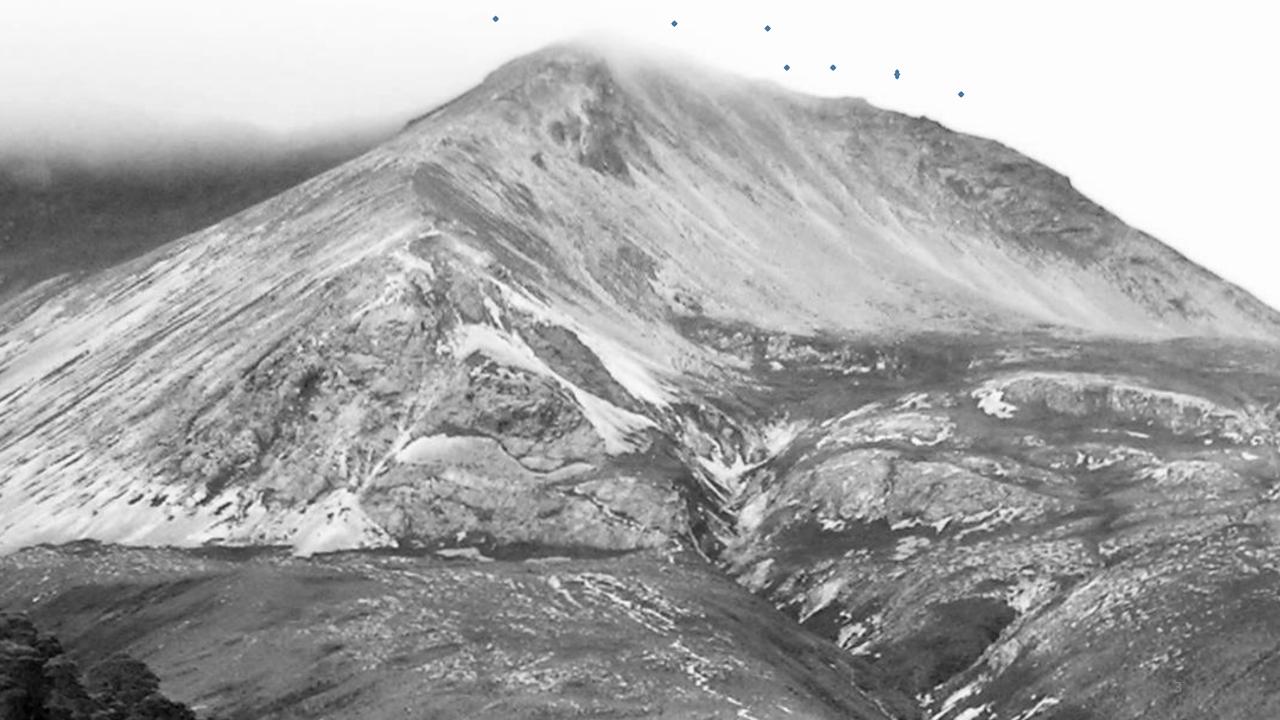
I lift up my eyes to the mountains-where does my help come from?







My help comes from the LORD, the Maker of heaven and earth. He will not let your foot slip-- he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you-- the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm-- he will watch over your life; the LORD will watch over your coming and going both now and for evermore.

## And we know that in all things God works for the good of those who love him, who have been called according to his purpose. For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.

## **God's intention:**

## Making us like Jesus